

MURRAYSHALL

ESTD COUNTRY ESTATE 1664

Festive SPA Treatment Prices

(Christmas Day, Boxing Day, New Years Eve and New Years Day)

Ishga Express Facial

30 minutes | £60

Ishga Facial

60 minutes | £80.

Luxury Facial

80 minutes | £100.00

Ishga Back, Neck and Shoulder Massage

30 minutes | £60

Ishga Full Body Massage

60 minutes | £80

80 minutes | £100

Ishga Back, Face and Scalp Treatment

80 minutes | £100

Hot Stone Massage

60 minutes | £90

Ishga Deep Muscle Massage

60 minutes | £90

80 minutes | £110

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Luxury Back Massage with Hand Exfoliation and Hot Stone

45 minutes | £80

Full Body Scrub and Wrap

60 minutes | £90

Luxury Foot Treatment

60 minutes | £90

SPA COMBO

30 minutes + 60 minutes | £140

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Ishga Facial

A cleansing, toning and exfoliating mask and ishga's finishing products to hydrate, balance and firm the skin.

Ishga Back, Neck and Shoulder Massage

A relaxing but uplifting back, neck and shoulder massage to target muscular tension and ease aches and pains.

Ishga Full Body Massage

Restore and repair your muscles with this head to toe tailored massage. Choose from a light, medium or firm pressure to tailor this massage exactly to your needs.

Ishga Back, Face and Scalp Treatment

Back exfoliation removed with a hot towel followed by a tailored back massage to your needs and a personalised facial suited to your skin type and scalp massage.

Hot Stone Massage

A full body massage incorporating heated Basalt stones which instantly relax the muscles, allowing the treatment to work at a deeper level. Hot stones work to relax the mind, ease muscle tension, reduce aches and pains and are placed along the chakras to open up energy pathways.

Ishga Deep Muscle Massage

Deep Tissue Massage is not only a firm massage with more pressure, but a range of techniques to work on the deeper layers of muscle and connective tissue to release chronic patterns of tension (built up over a long time). It involves working beneath superficial layers, to the inner layers of muscle and tissue, using slow, sustained, deep pressure.

Luxury Back Massage with Hand Exfoliation and Hot Stone

Enjoy a relaxing back massage with back exfoliation removal with hot mitts followed by hot stone back massage

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Luxury Facial

Double Face Mask Treatment, which includes hand/arm and foot massage after the 1st facial treatment and then a scalp massage when the 2nd mask is setting. The ultimate pamper treatment.

Luxury Foot Treatment

Feet will be scrubbed, cleaned with hot mitts with an algae mask applied. The scalp will be massaged whilst the foot mask will be on. Then the mask will be removed, oil application and foot massage done, oil removed body lotion applied

Full Body Scrub and Wrap

Body will be scrubbed with Hebridean body scrub with an algae mask applied all over body. A Scalp massage will then be carried out whilst the wrap on, unwrap and take client to shower, clean room till client in shower, short massage with body lotion application all over the body.

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